Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony. And then, imagine a spa experience at Hilton Hawaiian Village® Waikiki Beach Resort. Here, science and nature; practicality and mystery; beauty and peace are entwined, offering an experience as luxurious as it is therapeutic and as magical as it is real.

OUR STORY
The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which is deeply immersed within the culture and passed on from mother to daughter from generation to generation. These time-honored therapies, combined with European methods and natural elements indigenous to Bali, meld together to provide the most unique and indulgent spa treatments.

The name Mandara comes from a Sanskrit legend about the gods’ quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment. Here, time stands perfectly still.


Not sure what to choose?
Throughout this menu, our most well-loved services are indicated with the Mandara symbol.
EXPERIENCES

Every spa treatment can be connected to others so that your treatments become a seamless experience of holistic healing and divine indulgence. These experiences can last from 2-5 hours and promise pure relaxation.

HAWAII AWAKENING
Experience the revitalizing benefits of the Mandara Balinese Body Polish with a 50-minute Hawaiian Lomi Lomi Massage. Rejuvenate your skin with an Elemis Visible Brilliance Facial. 2 hours 15 minutes
With a Classic Spa Manicure and Pedicure. 3 hours 45 minutes

WHEN IN BALI
Bask in the pleasures of a Balinese Massage, then emerge radiant from your Elemis Skin Specific Facial followed by a luxurious and pampering Mandara Hand and Foot Ritual. 3 hours 50 minutes
With Shampoo and Style. 4 hours 50 minutes

EXPLORATION IN CHOCOLATE
An indulgence just for two, this ritual begins with side by side massages in a deluxe spa suite. Treat yourselves to an unforgettable experience of the senses with an application of our signature chocolate scrub that is “good enough to eat.” Complete your experience with a shower and luxuriate in a custom-prepared aromatic bath. 2 hours 15 minutes

HAWAIIAN KU‘UIPO LOMI LOMI MASSAGE (COUPLES)
Together, indulge in a gorgeously relaxing massage in a spa suite reserved for sweethearts. Both of you will enjoy a 50-minute, Hawaiian Ku‘uipo Lomi Lomi Massage side by side. Then, luxuriate in a 25-minute, hydrotherapy bath. 1 hour 15 minutes

MEN’S SPA ESCAPE
Soothe overworked and tired muscles with a Mandara Deep Tissue Massage followed by an Elemis Urban Cleanse for Men Facial to cleanse and exfoliate deep into the skin’s pores. 1 hour 50 minutes
With a Men’s Sports Manicure and Pedicure. 3 hours
FACIALS

Experience the ultimate in advanced skincare. We offer Elemis, a professional spa-therapy brand that offers clinically-trialed face and body treatments without compromising on indulgence.

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**ELEMIS PRO-COLLAGEN QUARTZ LIFT FACIAL**
This anti-wrinkle facial has been independently tested with phenomenal results. Empowered with Quartz micro-crystals and the antioxidant properties of other precious minerals, this treatment is proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment.* It will slow down the visible signs of aging, leaving skin firmer and uplifted. This exceptional therapy includes a hand, arm and scalp massage.

60 minutes

*Independent Clinical Trials 2007

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**ELEMIS PRO-INTENSE LIFT EFFECT FACIAL**
Powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids, and firming plant actives. Powerful lifting techniques target sagging jowls, cheeks, the chin, and neck while helping to reduce the puffiness and fluid retention associated with loose skin.

60 minutes

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**ELEMIS TRI-ENZYME RESURFACING FACIAL**
This facial is clinically proven to reduce the appearance of fine lines, acne, superficial facial scarring, and uneven skin pigmentation, revealing a renewed level of clarity to the complexion. After just one session, this facial can resurface the skin up to 75% and leave your skin up to 32% smoother.* This superior treatment is further enhanced by a luxurious hand, arm, décolletage and scalp massage.

60 minutes

*Independent Clinical Trials 2006
ELEMIS VISIBLE BRILLIANCE FACIAL
Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin while helping to reduce dark circles. The skin’s moisture levels are proven to increase by up to 61% and elasticity by 40% after just one treatment.* Specialized micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance. This amazing treatment is further enhanced by a luxurious hand, arm and scalp massage.
60 minutes

*Independent Clinical Trials 2004

ELEMIS SKIN SPECIFIC FACIAL
A deep cleansing, active aromatherapy facial for men and women. This facial combines the power of premium grade essential oils to help de-stress and oxygenate the skin cells. Choose from: Herbal Lavender Repair to help heal and balance combination skin types, Exotic Moisture Dew for dry, dehydrated skin, and Fruit Active Glow to revive dull, lifeless complexions.
60 minutes

ELEMIS URBAN CLEANSE FOR MEN FACIAL
This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair, and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.
60 minutes
MASSAGE

Give yourself the gift of hands-on healing. A massage does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

- **HAWAIIAN LOMI LOMI MASSAGE**
  Experience the traditional healing massage of the Hawaiian Ali`i or Royalty. A combination of long, gentle strokes using the forearms and hands helps to induce deep relaxation and well-being.
  50 minutes / 80 minutes

- **SWEDISH MASSAGE**
  This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.
  50 minutes / 80 minutes

- **BALINESE MASSAGE**
  Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes as well as palm and thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.
  50 minutes / 80 minutes

- **MANDARA DEEP TISSUE MASSAGE**
  Excessive physical activity and sports can cause deep muscular and joint distress. This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.
  50 minutes / 80 minutes

- **MANDARA HOT STONE MASSAGE**
  Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. The stones’ heat, combined with long flowing strokes, relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body’s energy points deeply infusing muscles with heat to melt away tension.
  50 minutes / 75 minutes

- **BAMBOO MASSAGE**
  Imagine warm bamboo shoots of various sizes rolling, sliding, and massaging your muscles. Customized to your preference, your therapist will use deep tissue techniques and gentle strokes to soothe the muscles into sweet oblivion.
  50 minutes
COCONUT POULTICE MASSAGE
This nourishing and soothing massage utilizes heated and scented coconut poultices rich in vitamins E and K. The body is sumptuously drizzled in a blend of coconut and sweet almond oils combined with lotus flower milk and yogurt to heal and moisturize the skin. The poultices are then applied to the body at pressure points to relax the muscles and release tension, using an array of Eastern and Western massage techniques and acupressure movements. 75 minutes

REFLEXOLOGY
An ancient healing therapy that is as blissful as it is beneficial, reflexology works on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels. Massaging these reflex points restores natural energy flow and improves overall health by sending waves of deep relaxation throughout your body. 25 minutes / 50 minutes

SHIATSU
Based on the same principles as acupuncture, this pressure point massage is ideal for someone desiring a deep, effective touch. It’s the perfect way to ease tension and fatigue and enhance energy flow. 50 minutes / 80 minutes

TRADITIONAL THAI MASSAGE
A masterful fusion of Ayurvedic stretching techniques and the Chinese method of deep tissue pressure point massage to stimulate blood flow and release toxins, this dry massage realigns the body and restores suppleness. Thai Massage is performed fully clothed. Suggested attire is loose-fitting clothing or Yoga wear. 50 minutes / 80 minutes

COUPLES MASSAGE
What a perfect way to spend time with someone you love. Both of you will enjoy a gorgeously relaxing full-body massage side by side. Based on a Swedish Massage. Upgrade to a Hawaiian Lomi Lomi Massage or other specialty massage for an additional charge. 50 minutes / 80 minutes

ELEMIS NURTURING MASSAGE FOR MOTHER-TO-BE
Specially designed for mothers-to-be, this massage promotes relaxation, increases circulation, and provides comfort during this wondrous time of change. This treatment helps to relieve tension and alleviate swelling in the hands and feet while uplifting the spirit. Comfort and safety is ensured with supportive pillows and Japanese Camellia Oil. 50 minutes
EXTEND OR ENRICH YOUR THERAPY.
Complement your therapy with services from an all-inclusive selection of enhancements.

EXTEND YOUR EXPERIENCE*

BATHING RITUAL
Add a luxurious hydrotherapy experience to any massage or body treatment. 25 minutes

MANDARA BALINESE BODY POLISH
Add a skin-smoothing body exfoliation to any massage or body treatment. 25 minutes

PROLONG-THE-BLISS
50 or 80 minutes just not enough for you? Add 30 minutes to prolong the bliss a little longer.

ENRICH YOUR EXPERIENCE*

BAMBOO THERAPY
Warm bamboo of various sizes are soaked in essential oils to soothe muscles and melt away tension.

CONDITIONING FOOT TREATMENT
An indulgent treat for the feet to hydrate, rejuvenate and revitalize the soles.

ELEMIS FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT
Restores luster to the hair and scalp and promises unadulterated relaxation.

HOT STONE THERAPY
The vitality and energy of heated stones are used to soothe away stress and relieve muscular tension, aches and pains.

WARMING PARAFFIN TREATMENT
The warmth of this therapy stimulates circulation, relieves sore backs, and moisturizes chapped, dry hands or feet. Select one area — back, hands or feet — for healing or hydrating. A perfect addition to any massage or skincare service.

IN-SUITE MASSAGE
Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists.

*Extend your experience with a service enhancer that adds time to your service. Enrich your experience with a service enhancer that is built in to your service without adding time.
BODY THERAPIES

These scrubs, seaweed purees, and detoxifying concoctions will slough away dead skin, remineralize the body, and help you tone and firm. Healthful and sumptuously indulgent, most treatments include an invigorating massage.

MANDARA BALINESE BODY POLISH WITH MASSAGE
An exotic ritual to invigorate and bring vitality to the body, your skin will be polished and smoothed to a glow with our uplifting Blood Orange + White Pepper Sugar Scrub or detoxifying Elemis Lime and Ginger Salt Glow, complete with an application of body butter to hydrate the skin. This treatment includes a 25-minute back massage or 50-minute, full-body massage.
50 minutes / 75 minutes

ELEMIS AROMA SPA SEAWEED MASSAGE
Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels for women and men. A warm seaweed mask containing a synergy of cleansing essential oils is applied to your body before you are cocooned in a comforting wrap. Let your thoughts drift away and relax with a scalp and foot massage while the active ingredients work to detoxify and stimulate your body systems. Choose from Cellutox for detoxification and Musclease to help relieve sore joints and muscular tension. Includes a 25-minute back massage or 50-minute, full-body massage.
75 minutes / 100 minutes

ELEMIS EXOTIC COCONUT RUB AND MILK RITUAL WRAP
A traditional Balinese recipe with coconut, mungbean, spices and lavender polishes the skin while the sensation of warmed Frangipani Monoi Body Oil and Skin Nourishing Milk Bath being drizzled over your body is simply divine. The natural ingredients work to heal while you enjoy a relaxing scalp massage. Includes a 25-minute back massage or 50-minute, full-body massage.
50 minutes / 75 minutes

TROPICAL HAWAIIAN BODY SCRUB
Experience the exfoliating benefits of Hawaii’s natural ingredients, complete with an application of tropical body lotion, foot and scalp massage. Choose from: Pa’akai (Salt) Glow, Island Coffee, Chocolate Macadamia Nut or Coconut.
50 minutes

VICHY SHOWER EXPERIENCE
Add our invigorating Vichy Shower experience before or after any spa service.
SHINEING hair and groomed hands and feet are a reflection of your inner health and beauty.

- **ELEMIS FRANGIPANI HAIR AND SCALP RITUAL**
  We use rich, exotic Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient and wrap the hair in a warm towel to ease away stress and give your locks a vibrant, healthy shine. Add this treatment to any hair service.
  25 minutes

- **MANDARA RITUAL FOR THE HANDS AND FEET**
  Featuring a sumptuous lineup of citrus, coconut, and lotus flower milk, this luxurious ritual treats the hands and feet to an invigorating cleansing, signature exfoliation, soothing bamboo massage, and conditioning body butter application, followed by a traditional manicure, pedicure, and polish.
  manicure 50 minutes
  pedicure 60 minutes

- **FIRE & ICE MANICURE AND PEDICURE**
  This invigorating therapy will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage with a heated stone, your skin will be smoother and your nails will be polished to perfection.
  manicure 50 minutes
  pedicure 60 minutes

- **SHELLAC MANICURE AND PEDICURE**
  No drying time. No chipping. No smudging. This tough as nails treatment uses a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color, and perfect finish. It provides excellent wear and comfortable protection for up to 14 days.
  manicure 45 minutes
  pedicure 60 minutes
### EXPERIENCES

- **Hawaii Awakening**
  - 2 hrs 15 min .......... $355
  - with Classic Spa Manicure and Pedicure
- **When in Bali**
  - 3 hrs 45 min .......... $415
- **Exploration in Chocolate**
  - 2 hrs 15 min .......... $415
- **Hawaiian Ku’uipo Lomi Lomi Massage** (priced for two: 50-minute massage + 25-minute hydrotherapy bath)
  - 1 hr 15 min .......... $340
- **Men’s Spa Escape**
  - 1 hr 50 min .......... $270
  - with Men’s Sports Manicure and Pedicure
- **3 hrs** .......... $335

### FACIALS

- **Elemis Pro-Collagen Quartz Lift Facial**
  - 60 min .......... $195
- **Elemis Pro-Intense Lift Effect Facial**
  - 60 min .......... $195
- **Elemis Tri-Enzyme Resurfacing Facial**
  - 60 min .......... $195
- **Elemis Visible Brilliance Facial**
  - 60 min .......... $175
- **Elemis Skin Specific Facial**
  - 60 min .......... $145
- **Elemis Urban Cleanse for Men Facial**
  - 60 min .......... $145

### MASSAGE

- **Hawaiian Lomi Lomi Massage**
  - 50 min .......... $155
  - 80 min .......... $220
- **Balinese Massage**
  - 50 min .......... $155
  - 80 min .......... $220
- **Swedish Massage**
  - 50 min .......... $145
  - 80 min .......... $210
- **Mandara Deep Tissue Massage**
  - 50 min .......... $160
  - 80 min .......... $225
- **Mandara Hot Stone Massage**
  - 50 min .......... $170
  - 75 min .......... $235
- **Bamboo Massage**
  - 50 min .......... $170
- **Coconut Poultice Massage**
  - 75 min .......... $220
Reflexology
25 min .................. $95
50 min .................. $155

Shiatsu
50 min .................. $155
80 min .................. $220

Traditional Thai Massage
50 min .................. $155
80 min .................. $220

Elemis Nurturing Massage for Mother-to-Be
50 min .................. $160

Couples Massage (Swedish)
50 min .................. $290
80 min .................. $410

**MASSAGE INDULGENCES—EXTEND YOUR EXPERIENCE***

Bathing Ritual
25 min .................. $75

Mandara Balinese Body Polish
25 min .................. $80

Prolong-the-Bliss
30 min .................. $65

**MASSAGE INDULGENCES—ENRICH YOUR EXPERIENCE***

Bamboo Therapy ................ $30

Conditioning Foot Treatment ................ $40

Elemis Frangipani Nourishing Hair and Scalp Treatment ................ $40

Hot Stone Therapy ................ $30

Warming Paraffin Treatment ................ $20

In-Suite Massage (additional charge) ................ +$90

**BODY THERAPIES**

Mandara Balinese Body Polish with 25-minute back massage
50 min .................. $145
with 50-minute, full-body, Swedish massage
75 min .................. $210

Elemis Aroma Spa Seaweed Massage (Cellutox or Musclease) with 25-minute back massage
75 min .................. $210
with 50-minute, full-body, Swedish massage
100 min .................. $275

Elemis Exotic Coconut Rub and Milk Ritual Wrap with 25-minute back massage
50 min .................. $150
with 50-minute, full-body, Swedish massage
75 min .................. $215

Tropical Hawaiian Body Scrub
50 min .................. $145

Vichy Shower Experience
15 min .................. $45

*Extend your experience with a service enhancer that adds time to your service
Enrich your experience with a service enhancer that is built in to your service without adding time.
HAIR SERVICES
Elemis Frangipani Conditioning Hair and Scalp Ritual 25 min. ................. $65
Shampoo and Style includes blow dry .... from $40
Shampoo and Roller Set ........................................... $40
Hair Cut and Style includes blow dry .... from $55
Children’s Hair Cut and Style includes blow dry (12 and under) ........ $30
Bang Trim .................................................. $20
Special Occasion Hair Design ............... from $80
Specialty Braid per braid ......................... $5
Flat or Curling Iron ........ from $35
Partial Highlighting or Low Lighting includes blow dry ........ from $90
Full Highlighting or Low Lighting includes blow dry .... from $140
Color & Shine ........ from $70
Color Touch-up .......... from $55
Color Correction .... from $160

MEN’S GROOMING
Men’s Sports Manicure .... $35
Men’s Sports Pedicure ...... $60
Men’s Hair Cut and Style .... $45
Men’s Color ................... $50
Moustache, Beard and Eyebrow Trim ............... $20

NAIL SERVICES
Mandara Hand Ritual ....... $65
Mandara Foot Ritual ......... $85
Fire & Ice Manicure ...... $60
Fire & Ice Pedicure ...... $80
Shellac Manicure ........ $60
Shellac Pedicure ........ $80
Classic Spa Manicure .... $40
Classic Spa Pedicure .... $65
Nail Art ........ per nail $10
Nail Repair .......... per nail $15
French Polish ........ add $10
Polish Change ........ $25
Aromatherapy Paraffin Infusion Treatment ........ $20
Shellac Removal ........ $25
Shellac Enhancement Upgrade ........ $20
**WAXING SERVICES**

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**MAKE-UP ARTISTRY**

Special Occasion Make-up Application

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<th>Price</th>
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<tbody>
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<td>60 min</td>
<td>$75</td>
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</table>
**SP A TIP S**

**HOURS OF OPERATION**
Spa ................. 8am – 9pm
Salon .............. 9am – 8pm
Fitness Center ...... 5am – 9pm

**RESERVATIONS**
To schedule treatments you may call our spa directly from a hotel phone by dialing extension 74370, from outside of the hotel at 808-945-7721, or online at steinerspas.vipguestservice.com. We accept most major credit cards and recommend pre-booking your services although we do welcome walk-ins and will do our best to accommodate you.

**MINIMUM AGE REQUIREMENTS**
Spa guests are required to be 18 years or older to receive treatments or utilize the spa and fitness facilities. Guests under 18 receiving a teen or kid treatment must be accompanied by a parent or guardian. Swimsuits are required. For further details, please see our teen and kid spa menu.

**CANCELLATION POLICY**
We require a credit card for all appointments and at least 4 hours’ notice for cancellation or rescheduling to avoid being charged the full price for your treatments.

**PURCHASE POLICY**
You can exchange unopened products within 14 days of purchase if you have a receipt. We cannot exchange any opened products.

**SERVICE CHARGE**
For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to your final bill. Your provider will receive 100% of the service charge. Gratuity for exemplary service is discretionary. Prices and services are subject to change without notice.

**FITNESS**
The Fitness Center at Hilton Hawaiian Village® Waikiki Beach Resort offers cardiovascular and strengthening equipment. When you purchase any spa or salon service, you will have complimentary access to the Fitness Center and Kalia Pool on the day of your spa or salon service. Fitness facilities are available for ages 18 and up.

**TREATMENT TIME**
Please arrive at least 30-45 minutes prior to your scheduled appointment. Regrettably, if you are late for an appointment, we may need to shorten your treatment time to be on schedule for the next guest. To keep the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival.

**VALUABLES**
For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

**KEEP IN TOUCH**
Make taking care of your skin, body and hair part of your daily ritual and visit us at timetospa.com. Here, you may repurchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes, and be privy to our special offers.

**SPECIAL SERVICES**

**THE GIFT OF MANDARA**
Gift cards are available for all services, spa packages, or a dollar amount. Gift cards are packaged in an attractive envelope ready for presentation.

**WEDDING DAY MAKE-UP AND STYLING**
Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Prices vary by season and wedding party size. Ask the Spa Director for details.

**SPA GROUP EVENTS**
If you are bringing a group to stay at Hilton Hawaiian Village® Waikiki Beach Resort, don’t forget to pre-plan spa arrangements for your guests. Our Spa Director will be happy to ensure your spa appointments are scheduled and that you and your group are completely indulged. Please call us at 808-945-7721 to find out about our group programs.